



To learn more about how to choose a Health Care Provider, please visit the Breast Friends Web site at www.breast-friends.org.

HEALTH CARE PROVIDERS

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Psychological Support

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People who are pleased with the breastfeeding support they've received have suggested the following providers to us.

Note: Because your choice of appropriate health care provider(s) for yourself and your family needs to take many factors into consideration, the following listings do not constitute any specific endorsement by Breast Friends.

FAMILY PRACTICE

PHYSICIANS

Gelgisser, Jeffrey MD

Group Health Eastside Primary

Care Center

2701 156th Ave NE

Redmond, Washington 98052

Phone: 425-883-5020

Grote, Peter, MD

Community Birth Center of Seattle

2200 24th Ave East

Seattle, WA 98112

Phone: 206-328-0910

Hemmen, Gia, MD

Pediatrics only

16850 SE 272nd St.,

Covington, WA 98042

Phone: 253-395-1960

Knowles, Jennifer MD

4033 Talbot Rd. S. #570,

Renton, WA 98055

Phone: 425-656-5400

O'Hara, Mary Ann, MD, MPH, M.St, ABM Fellow

Family Physician/Public Health/

Social Anthropology

Family Medicine

University of Washington

Phone: 206-595-6643

Ross, Martin MD

Holistic Health West

6957 California Ave SW

Seattle, WA 98136

Phone: 206-932-0880

PEDIATRICS

Danielson, Ben, MD

Odessa Brown Children's Clinic

2101 East Yessler Way, Suite 100

Seattle, WA 98122

Phone: 206-987-7226

Danoff, Nancy, MD, MPH

East King Co. Public Health

1450 SE Eastgate WA

Bellevue, WA 98007

Phone: 206-205-8966

Doroshow, Carol MD, FAAP

The Kids Clinic in Seattle

12317 15th Ave NE #103

Seattle, 98133,

Phone: 206-957-1881



Health Care Providers

Dudas, Michael, MD

Pediatric Associates, Redmond
8301 161st Ave NE,
Redmond, WA 98052
Phone: 425-881-5437

Hineline, Teresa. MD

SW Pediatrics Clinic
14212 Ambaum Blvd. SW, Ste 202
Burien, WA 98166
Phone: 206-243-4811

Keller, Cynthia, MD

Pediatrics Associates, Redmond
8301 161st Ave NE, #202
Redmond, WA 98052
Phone: 425-885-9292

Krober, Marvin, MD

*Group Health Capitol Hill Family
Health Center*
125 16th Ave E, CSB4
Seattle, WA 98112
Phone: 206-326-4972

Jinguji, Tom, MD

*The Kent/Des Moines UW
Physicians*
23213 Pacific Highway So,
Kent, WA 98032
Phone: 206-870-8880

Liu, Lenna, MD

Odessa Brown Children's Clinic
2101 East Yessler Way, Suite 100
Seattle, WA 98122
Phone: 206-987-7226

O'Niell, Tracie, MD, FAAP

Pediatric Associates, Pine Lake
22717 SE 29th
Sammamish, WA 98075
Phone: 425-391-7337

Oriel, Bruce MD

Auburn Valley Pediatrics
202 North Division Street, Plaza 2,
Suite 202
Auburn, WA 98001
Phone: 253-876-0760

Quinn, Hal MD

Mercer Island Pediatrics
2553 76th Ave SE
Mercer Island, WA 98040
Phone: 206-275-2122

Rao, Gayathri, MD

Covington MultiCare
16850 SE 272nd St
Covington, WA 98042
Phone: 253-639-8255

Stanley, Maria, MD

*The Kent/Des Moines UW
Physicians*
23213 Pacific Highway S
Kent, WA 98032
Phone: 206-870-8880

Zubair, Kaisera MD, FAAP

Pediatric Associates, Pine Lake
22717 SE 29th
Sammamish, WA 98075
Phone: 425-391-7337

*Languages Spoken: Urdu and
Hindi*

ENDOCRINOLOGY

Davies, Matthew D, MD, PhD

Nordstrom Medical Building
1229 Madison Street, Suite 1500
Seattle, WA 98104
Phone: 206-386-9500

PEDIATRIC DENTISTRY

Liu, John R, DDS

175 NE Gilman Blvd Ste 101
Issaquah, WA 98027
Phone: 425-392-4048

Roberson, Michael D, DDS

12303 NE 130th Lane, Ste #340
Kirkland, WA 98034
Phone: 425-814-3196

HOME PHOTOTHERAPY Evergreen Home Photo- therapy Program

Dianne Neilson, RN, IBCLC
12040 NE 128th St, MS #36
Kirkland, WA 98034
Phone: 425-899-3588

Health Care Providers



INFANT HOME THERAPY

*Donna Gentry-Hayward, RN, BSN,
MBA/HCA*

P.O. Box 6742

Lynnwood, WA 98056

*Phone: 1-888-310-8580 or Bus.
Office 425-355-0957*

NATUROPATHS

Aasan, Candace, ND, LM

*Puget Sound Midwives and Birth
Center*

13128 Totem Lake Blvd, Suite 101

Kirkland, WA 98034

Phone: 425-269-7822

E-mail: dr.candace@comcast.net

Baker Michael ND, MS

2661 Bel Red Rd.

Bellevue, WA 98008

Phone: 425 881-8929

Bellevue Homeopathic Clinic

1299 156th Ave NE Ste 123

Bellevue, WA 98007

*Phone: 425-869-2500, 425-881-
8929*

Kelly, Kim ND, RN, LM

*Family Practice Naturopathic
Physician*

Puget Sound Birth Center (Tu, Th)

13128 Totem Lake Blvd. NE #101

Kirkland, WA 98034

and in Seattle

*14326 Greenwood Ave N (Mon,
Wed, Fri)*

Seattle, WA 98133

Phone: 206-361-0346

Sheila Dunn-Merritt ND

2025 112th Ave NE

Bellevue, WA 98004

*Phone: 425-452-9366, 425-881-
8929*

Krista Heron ND, DHANP

Board certified in homeopathy.

5502 34th Ave NE

Seattle, WA 98105

Phone: 206-522-0488

Johnson, Dorothy Laura ND

Crossroads Family Health

5611 119th Ave SE Suite 4

Bellevue, WA 98006

Phone: 425-562-9355

Kingsbury, Sheila, ND, CD

Woodinville Wellness Center

*16818 140th Ave NE, Woodinville,
WA 98072*

*Phone: 425-486-2729, 425-591-
5310*

Riggin, Christine M, ND

375 118th Ave SE, Suite 100

Bellevue, WA 98005

Phone: 425-452-3288

CRANIO-SACRAL

THERAPISTS

Arvizu, Loretta RN, LMP

Infants to adults

Practices in Woodinville

Phone: 425-485-9007

Christman, Lauren M. LMP

Wallingford office

4516 1st Ave NE, Seattle, 98105

*Puget Sound Midwives and Birth
Center*

13128 Totem Lake Boulevard, #101

Kirkland, WA 98034

Phone: 206-633-4537, EXT. 1

Lindsay, Cathy DO

914 E Miller St,

Seattle, WA 98102

Phone: 206-325-5430

Sorrel, Margaret, DO, FCA and Cavanaugh, Stephen, DO

521 19th Ave E

Seattle, WA 98112

Phone: 206-325-7435



Health Care Providers

Steinecker, Devorah G., DO

Holistic Pediatrics and Family Medicine

5125 - 25th Avenue NE

Seattle, WA 98105-4120

*Phone: 206-523-KIDS [5437],
Cell: 206-523-5437*

CERTIFIED INFANT MASSAGE THERAPISTS Greene, Shana

*Certified Infant Massage Instructor
and Developmental Therapist*

1001 26th Ave E, Seattle, WA 98112

Phone: 206-709-1404

PSYCHOLOGICAL SUPPORT, FAMILY COUNSELING

Knowles, Deirdre MA

6000 Southcenter Blvd., Suite 16

Tukwila, WA 98188

Also in Auburn

Phone: 425-228-0107

Levine, Hollie ND

6957 California Ave SW

Seattle, WA 98136

Phone: 206-932-0880

PSYCHOLOGICAL SUPPORT, POSTPARTUM MOOD DISORDER THERAPISTS Blue, Dana MSW LICSW

116 E. Edgar St.

Seattle, WA 98102

Phone: 206-709-9044

Burke, Veronique, LICSW

12221 NE 8th,

Bellevue, WA 98005

and

2033 Minor East

Seattle, WA 98102

Phone: 206-748-1347

Butterfield, Leslie, PhD

Psychologist

2200 24th Ave E

Seattle, WA 98112

Phone: 206-328-0910

*24 hour Crisis Line: 206-461-
3222*

Gentry, Rex, MD

1300 114th Ave SE, Suite 102

Bellevue, WA 98004

Phone: 425-454-0255

Myers, Abby, MN, ARNP

Psychiatric Nurse Practitioner

4026 NE 55th, Suite E

Seattle, WA 98105

Phone: 206-522-3543

VISIT THE BREAST

FRIENDS WEB SITE

For a more complete and up-to-date list of resources, including Web site links and e-mail addresses, please visit the Breast Friends Web site at <http://www.breast-friends.org>.



Deirdre Knowles, M.A.

Individual, Couple & Family Therapy

Sexuality
Attachment parenting
Abuse & trauma memories
Healing after traumatic birth
Pre-natal and postpartum adjustment

Tukwila & Auburn
425-228-0107

www.dknowles.net
dknowles@dknowles.net