



## Hospitals and Hospital Based Lactation Specialists

### HOSPITALS

#### Auburn Regional Medical Center

**Contact:** Lesley Sipp, IBCLC, CBE  
202 N Division Plaza 1, Auburn,  
WA 98001-4908

**Main Phone:** 253-833-7711

**Family Birth Center and Lactation  
Phone:** 253-833-7711, EXT. 2522

**E-mail:** Lesley.Sipp@uhsinc.com

**Web site:** <http://www.armcuhs.com/>

**Deliveries:** 70-80/month

**Services:** Inpatient and outpatient breastfeeding help offered to all of community. Free visits and phone calls with lactation consultant; prenatal breast assessments. Spanish speaking consults available. Lactation line.

#### Children's Hospital and Medical Center

**Contact:** Laureen Taguino, Clinical Nurse Specialist, IICU Unit and Kristi Klee, Clinical Nurse Specialist, medical unit

4800 Sand Point Way NE, Seattle, WA 98105

**Main phone:** 206-987-2000

**Lactation Line:** 206-987-2278

**E-mail:** [kklee@chmc.org](mailto:kklee@chmc.org)

**Web site:** <http://www.seattlechildrens.org/>

**Services:** Does not do births. Outpatient services need health care providers prescription. Need health care providers prescription. 1. Difficulty feeding programs (Occupational/physical therapy inpatient) 206-526-2113. 2. Cranial Facial Anomaly Clinic

#### Enumclaw Memorial Hospital

**Contact:** Shelly Pricco, RN, Jane Jones, RN, IBCLC

1450 Battersby Ave, Enumclaw, WA 98022

**Main phone:** 360-825-2505

**Lactation phone (Shelly):** 360-802-3294

**Nursery:** 360-802-3251

**E-mail:**

[shelly.pricco@enumclawhospital.org](mailto:shelly.pricco@enumclawhospital.org)

**Web site:**

[www.enumclawhospital.org](http://www.enumclawhospital.org)

**Services:** Free 3-day postpartum visit, free phone consultation, free consultation at hospital, new Moms Group every Wednesday 10:00–12:00, drop in, birth to three months.

#### Evergreen Hospital Medical Center

**Contact:** Jeannie Schneider

12040 NE 128th St, Kirkland, WA 98034

**Main phone:** 425-899-1000

**Lactation services:** 425-899-3494

**E-mail:** [jmschneider@ehc.org](mailto:jmschneider@ehc.org)

**Web site:** [EvergreenHealthcare.com](http://EvergreenHealthcare.com)

**Services:** Inpatient breastfeeding appointments (lactation hours 830-2, 4-10 PM every day) specified Lactation Consultant for Neonatal and Pediatrics Unit, weekly support group for moms of babies in NICU or pediatrics. The Breastfeeding Center outpatient breastfeeding appointments, postpartum outpatient care clinic. Mother-baby support Groups: birth to one year of age (variety of support groups), 425-899-3000 to sign up.

**Special Services:** Free telephone calls for people who make appointments at the Breastfeeding Center only. Deliveries/month: 330.

**Store:** Baby and Family Boutique at Evergreen

**Services:** Bras specialized in hard to fit sizes (34B-48G), nursing clothing, premature baby clothing and diapers, breast pump rentals, books on parenting and breastfeeding, prenatal cradles and back to normal girdles, lactation consultant available for consultation

#### Group Health Cooperative Family Beginnings Unit (cover for referrals only)

**Contacts** Marge Jenks, RN, IBCLC  
Susan Pratt, RN, IBCLC

Central North Building 310 15th Ave E., Seattle, WA 98112

**Phone:** 206-326-3699

**Deliveries/month** 80-110.

**Services:** Postpartum visits, outpatient breastfeeding appointments, lactation consultants also cover special care nursery patients, any woman can be seen for breastfeeding issues as a self-referral. Outpatient: free phone consultations during business hours Classes: 3 times/month-breastfeeding basics, introduction to infant feeding (as needed), nursing and back to work (each month and as needed), group or individual appointments.

# Hospitals and Hospital Based Lactation Specialists



## Eastside Group Health Hospital/Children's Hospital & Medical Center Eastside

**Contacts:** Beverly Fissel, RN, BSN, IBCLC Judy Bracik, RN, BSN, IBCLC

2700 152nd Ave NE, Redmond, WA 98052

**Main phone:** 425-883-5151

**Lactation:** 425-883-5495

**Services:** Inpatient coverage in hospital pediatric patients as necessary. No deliveries at this site.. Group Health patients give birth at Overlake.

## Highline Hospital

**Contacts:** Suzan Knowles, RNC, Clinical Coordinator

16251 Sylvester Rd SW, Burien, WA, 98166

**Main phone:** 206-244-9970

**E-mail:** sknowles@hchnet.org

**Family Childbirth Center:** 206-431-5211

**Breastfeeding Resource Center:** 206-244-9970, EXT. 5624

**FAX:** 206-243-8210

**Deliveries/month:** 120 .

**Services:** Outpatient breastfeeding appointments, postpartum home visits referred to WIC, midwifery clinic, Interpreter services: available for inpatients; Spanish language childbirth and breastfeeding classes.

## Northwest Hospital

**Contacts:** Laurian Pennylegion, RN, MS Childbirth Center Unit Manager, Brenda Browne, RN, Postpartum and lactation followup  
1550 N 115th St, Seattle, WA 98133

**Main Phone:** 206-364-0500

**Phone:** 206-368-3648, 206-364-BABY

**Education Line:** 206-368-1784

**E-mail:** bbrowne@nwhsea.org

**Deliveries/month:** 90

**FAX:** 206-368-1596

**Services:** Available Tuesday, Thursday, Friday (10:00–6:00), prenatal breastfeeding class (2 times/month).

## Overlake Hospital Medical Center Women's Clinic

**Contact:** Linda Chagnon, RNC, MBA, MN, Manager, Women's Clinic & Lactation services

1051 116th Ave NE, Suite 200, Bellevue, WA 98004

**Phone:** 425-688-5389

**E-mail:**

lchagnon@overlakehospital.org,

**Women's Clinic and Lactation**

**Services:** 425-688-5476

**Services Inpatient:** 16-hour lactation coverage (6:00 A.M.–10 :00 P.M.).

**Services:** Postpartum followup, massage therapy, lactation consultant appointments, breast pump rental station, individualized bra fittings, retail shop that sells nursing clothing, breast pumps, nursing pillows and all types of breastfeeding accessories. All services are open to everyone (no exclusion for delivering elsewhere).

## St. Francis Community Hospital

**Contacts:** Terri MacNichol, RN, IBCLC (coordinator), Nancy Helm, RN, IBCLC, Carol Lytle RNC, IBCLC, JoAnne Slaybaugh, RN, IBCLC, Mandy Wendell, RN, IBCLC, Marcia Bolesh, RN, IBCLC, Laurie Snyder, RN, IBCLC

34515 9th Ave S, Suite 301, Medical Office Building, Federal Way, WA 98003

**Main phone:** 253-838-9700

**Web site:** <http://www.fhshealth.org/location/sfh.asp>

**Deliveries/Month:** 100-180

**Services:** Fees: \$134 initial visit, \$90 repeat visit, \$35 prenatal visit, \$15 weight check for baby postpartum, self pay—\$60 (initial), \$40 (f/u) Prenatal breastfeeding classes offered. Rent and sell Medela products.

**Special Services:** Mother-Baby Support Groups: every Tuesday morning, 10:30–12:00, Office Building, Third Floor, Free to everyone in the community (no exclusion for delivering elsewhere).



## Hospitals and Hospital Based Lactation Specialists

WOMEN'S & CHILDREN'S SERVICES



Creating Memories for a Lifetime

# OVERLAKE Hospital Medical Center

Medical excellence every day™

## WOMEN'S & CHILDREN'S SERVICES

### Swedish Medical Center/ First Hill Campus

**Contact:** Deb Sibowski, RN, IBCLC, 206-386-3307; Beverly Holland, Clinical Manager, Perinatal Services, 206-386-2860  
747 Broadway, Seattle, WA 98122-4307

**Main Number:** 206-386-6000 to find patients or employees

**Parent information/lactation line:** 206-386-6667

**Web site:** [www.swedish.org](http://www.swedish.org)

**First Hill:** 206-386-6667 (Breastfeeding Resource/Question Line) 7:00 A.M.–11:00 P.M. New Mother Support Group—call hospital for days and times. New mother support group. Deliveries: 6,000 deliveries per year.

### Swedish Medical Center/ Ballard Campus

**Contact:** Lila Webberley, RN, IBCLC, 206-781-6344

5300 Tallman Ave NW, Seattle, WA 98107

**Main Number:** 206-782-2700 to find patients and employees  
Michelle Gombert, RN

**Web site:** [www.swedish.org](http://www.swedish.org)

**Deliveries:** 135/month .

**Services:** For all Swedish Medical Center locations Rosann Jones, RN. Home visits billed to insurance or cash (\$150/hour visit), prenatal breastfeeding classes, New Mother Support Group—call hospital for days and times. Breastfeeding Resource/Question Line: 206-386-6667, 7:00 A.M.–11:00 P.M.

### University of Washington Medical Center Lac- tation Services

**Contacts:** Ginna Wall, MN, IBCLC, Coordinator; Barb Lautman, RN, IBCLC; Louise Peterson, RN; Christy Shaw, RN, IBCLC; Nancy Estill, RN, IBCLC.

1959 NE Pacific St, Box 356078, Seattle, WA 98195

**Main Phone:** 206-598-3300

**Lactation Phone:** 206-598-4628

**FAX:** 206-598-7665

**E-mail:** [gwall@u.washington.edu](mailto:gwall@u.washington.edu)

# Hospitals and Hospital Based Lactation Specialists



**Services:** Inpatient hours of Lactation Coverage 9:00–9:00 Monday–Friday, weekends and holidays 9:00–3:00, Deliveries: 150/month. In person breastfeeding appointments: available to anyone in the community. Fees: \$25-100/session based on length, hospital bills insurance. Prenatal Classes: Breastfeeding class, 2-hour class, two Tuesdays in a row, offered 8-10 times/year \$50, Expecting Multiples breastfeeding class \$35/session-5 sessions, contact information for prenatal classes: 206-548-4003.

## Valley Medical Center

**Contacts:** Denise Stuart, RN, BSN, IBCLC; Audrey Yan, RN, IBCLC; Jane Fogdall, RN, IBCLC.

400 S 43rd St, Renton, WA 98055

**Main phone:** 425-228-3450

**Lactation phone:** 425-228-3440  
EXT 2526

**Fax:** 425-656-4226

**E-mail:** Denise Stuart,  
milkmam3@hotmail.com

**Web site:** <http://www.valleymed.org/services/familycenter/default.asp>

**Services:** Inpatient: hours of coverage every day from 9:00–4:00, 10:00–4:00 on weekends and holidays. Outpatient breastfeeding appointments available-\$72/initial, \$54/per half hour, open to community, weight checks free, hospital bills insurance. Parent-Baby and Parent-Toddler support groups weekly, prenatal breastfeeding class available with prenatal classes. For more prenatal information call 206-575-BABY. Deliveries: 225/month.

## Lactation Services

Available for all breastfeeding mothers

Breastfeeding is the healthiest feeding choice you can provide for your new baby and at UW Medical Center, we support your decision to breastfeed and believe every mother deserves the opportunity to succeed. Our certified lactation consultants will help you and your baby cope with common challenges and special problems at any state of breastfeeding.



For a lactation consultation, please call  
Maternal & Infant Care Clinic

Lactation Services  
206-598-4628  
[www.uwbaby.org](http://www.uwbaby.org)

UNIVERSITY OF WASHINGTON  
**MEDICAL CENTER**  
UW Medicine



For nine months, the world will revolve around you.



Maybe it's in the way you will be pampered with a relaxing neck or foot rub, and tucked in with warmed blankets and hot tea. Maybe it's how our family-centered care surrounds you with top-quality physicians and staff, a state-of-the-art Birth Center, and an array of special classes. Whatever it is, you'll feel as if you are the most important person here, because to us, you are. For a free tour, classes or help in finding a physician, give us a call at 425-656-4636.



Valley Family Center  
Where you are the center

[www.valleymed.org](http://www.valleymed.org)